

Your results over time

Test 1 - 30.01.2020

Your test ID	A9G1XYRS1
Country	Denmark
Sex	Male
Age	49
BalanceOil	No
Other Omega-3	Yes
BalanceOil AquaX	No
BalanceOil Vegan	No
Essent	No

Test 2 - 09.09.2020

Your test ID	D5IV8JRS1
Country	United Arab Emirates
Sex	Male
Age	50
BalanceOil	Yes
Other Omega-3	No
BalanceOil AquaX	No
BalanceOil Vegan	No
Essent	No

Your Omega-6:3 Balance

	Test 1	Test 2
Target value	< 3:1	< 3:1
Your value	13.6:1	3.3:1

Your Protection Value

	Test 1	Test 2
Target value	> 90%	> 90%
Your value	0.0%	81.0%

Your Omega-3 Index

	Test 1	Test 2
Target value	> 8%	> 8%
Your value	2.5%	7.7%

Your Mental Strength

	Test 1	Test 2
Target value	< 1:1	< 1:1
Your value	3.0:1	1.3:1

Your Cell Membrane Fluidity

	Test 1	Test 2
Target value	< 4:1	< 4:1
Your value	15.7:1	4.9:1

Your Arachidonic Acid (AA) Index

	Test 1	Test 2
Target value	6.5% - 9.5%	6.5% - 9.5%

Your value	7.6%	10.3%
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Fatty acids

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Test 2 - 09.09.2020

Your test ID	D5IV8JRS1
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Sex	Male
Age	50
BalanceOil	Yes
Other Omega-3	No
BalanceOil AquaX	No
BalanceOil Vegan	No
Essent	No

Palmitic acid (PA) C16:0 %

	Test 1	Test 2
Target value	23.95 %	23.95 %
Your value	26.40 %	24.20 %
Deviation in %	10.2 %	1 %

Stearic acid (SA) C18:0 %

	Test 1	Test 2
Target value	13.09 %	13.09 %
Your value	13.10 %	13.80 %
Deviation in %	0.1 %	5.4 %

Oleic acid (OA) C18:1 %

	Test 1	Test 2
Target value	22.01 %	22.01 %
Your value	27.70 %	20.00 %
Deviation in %	25.9 %	-9.1 %

Linoleic acid (LA) C18:2 %

	Test 1	Test 2
Target value	19.99 %	19.99 %
Your value	20.00 %	20.00 %
Deviation in %	0.1 %	0.1 %

Gamma-linolenic acid (GLA) C18:3 %

	Test 1	Test 2
Target value	0.17 %	0.17 %
Your value	0.22 %	0.21 %

Deviation in %	29.4 %	23.5 %
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Arachidonic acid (AA) C20:4 %

	Test 1	Test 2
Target value	8.20 %	8.20 %
Your value	7.60 %	10.30 %
Deviation in %	-7.3 %	25.6 %

Dihomo-gamma-linolenic acid C20:3 %

	Test 1	Test 2
Target value	1.05 %	1.05 %
Your value	1.11 %	1.10 %
Deviation in %	5.7 %	4.8 %

Alpha-linolenic acid (ALA) C18:3 %

	Test 1	Test 2
Target value	0.53 %	0.53 %
Your value	0.39 %	0.22 %
Deviation in %	-26.4 %	-58.5 %

Eicosapentaenoic acid (EPA) C20:5 %

	Test 1	Test 2
Target value	4.14 %	4.14 %
Your value	0.56 %	3.12 %
Deviation in %	-86.5 %	-24.6 %

Docosapentaenoic acid (DPA) C22:5 %

	Test 1	Test 2
Target value	2.11 %	2.11 %
Your value	0.87 %	2.29 %
Deviation in %	-58.8 %	8.5 %

Docosahexaenoic acid (DHA) 22:6 %

	Test 1	Test 2
Target value	4.77 %	4.77 %
Your value	1.96 %	4.60 %
Deviation in %	-58.9 %	-3.6 %